

***TherAdapt<sup>®</sup> Products Inc.***  
(800) 261-4919 phone (866) 892-2478 fax

**Adjustable Balance  
Bench**

**www.theradapt.com**

**Please read all of the following information before using this product.**

*TherAdapt<sup>®</sup> Products Inc. has designed and manufactured this product with the well being of the user and caregiver(s) in mind. It is our endeavor to provide products which are attractive, comfortable, useful, highly adjustable, long lasting and safe. As when using any product, precautions must be taken.*



**WARNING:** This product must only be used under the recommendation of a physician and / or licensed therapist and with adult supervision. Never leave user unattended. It is your responsibility to properly use and maintain your Adjustable Balance Bench. Failure to follow USE and CARE instructions or ASSEMBLE the bench properly as outlined may result in bodily injury.

**THE MANUFACTURER IS NOT RESPONSIBLE FOR INJURIES RESULTING FROM ANY CUSTOMIZATION OR MODIFICATION OF THE EQUIPMENT THAT WAS NOT COMPLETED BY THE MANUFACTURER.**

**USE:** The Adjustable Balance Bench is designed for a single purpose: as a freestanding bench. It is to be used by a single individual that is seated in the center of the bench with their feet firmly placed on the floor. **No other use is permitted.**

**CARE:** Take care to inspect the ongoing condition of all parts of your Adjustable Balance Bench. Verify that all knobs, bolts, and washers are properly positioned and secure. Contact the manufacturer for replacement or repair of necessary items. All components may be cleaned with mild soap and water, or a gentle sanitizing spray. **Do not** use abrasive cleaners. Wipe wood components dry after cleaning. Excess amounts of liquid on the wood may damage the finish. Always store indoors.

**WARRANTY:** The manufacturer provides a full one (1) year warranty, beginning the date shipped by the manufacturer. The warranty provides full replacement of all parts against breakage when used in compliance with the manufacturer's USE and CARE instructions. Use or modification beyond the normal capacity or range of adaptability designed into the products will void the warranty. The foregoing is TherAdapt's sole liability for consequential damages.

**PLEASE COMPLETE AND RETAIN FOR YOUR RECORDS**

**Adjustable Balance Bench ABB-\_\_\_\_\_**

**Serial Number: \_\_\_\_\_**

**Purchase date: \_\_\_\_\_**

## ***TherAdapt*<sup>®</sup> Adjustable Balance Bench (ABB-100/200) Instructions**

### **Packing List:**

- (1) Bench top component
- (2) Curved / rectangular side pieces
- (4) 1 3/4" 1/4-20 hex head bolts
- (4) Thru-knobs with 1/4-20 threaded inserts
- (4) Nylon washers

**This bench comes assembled but must be adjusted for individual use.**

### **Adjust the height of the balance bench:**

Remove the knobs, place the bolts through the desired pair of holes on the curved / rectangular pieces with the curved side down, and replace the knobs.

**Tighten all knobs securely before using.**



### **Adjust the height of the stationary bench:**

Remove the knobs, place the bolts through the desired pair of holes on the curved / rectangular pieces with the flat side down, and replace the knobs.

**Tighten all knobs securely before using.**

**FOR PROFESSIONAL ASSISTANCE CALL 1-800-261-4919**